

### While at First Landing

Located in northern Virginia Beach, First Landing is the site of the first landing of the Virginia Company on April 26, 1607. It is within minutes of a host of recreational, cultural and historical offerings. Be sure to check our Baystore for needed supplies and souvenirs of your trip to First Landing. While in the First Landing Chesapeake Bay Center or Trail Center, ask about other state parks in the area including Kiptopeke State Park on the Eastern Shore, False Cape State Park near Sandbridge, York River State Park near Williamsburg and Chippokes State Park near Surry.

### Please Reduce Your Impact on First Landing State Park...

Explore our natural area at your leisure, but please stay on the designated trails to protect the fragile environment. Take part in interpretive programs throughout the park. Program schedules are posted at the campground contact station, campstore and visitor center. Bicycles are permitted on the Cape Henry Trail only and are available for rent at the Baystore.

### Overnight Rules

- Complete reservation information can be found in the Reservation and Fees Guide available at the park office.
- Overnight visitors must inform park staff of the names of visitors expected to arrive at the campsite or cabin area. Visitors will not be admitted to camping and cabin areas unless so identified. Visitors are permitted only between 8 a.m. and 10 p.m.
- The public use or display of alcoholic beverages is prohibited. Public intoxication and/or disorderly conduct will not be tolerated.
- Pets are permitted in all state parks but must be kept in an enclosed area or on a leash no longer than six feet. No pets are permitted in toilet facilities. A fee will be charged per pet/night.

### Camping

- Camping is allowed only in designated campgrounds and only after following the proper check-in procedure.
- Registration for a state park campsite must be completed by a member of the camping party 18 years of age or older. This person accepts responsibility for the remainder of the camping party.

- Camping equipment must be set up near site markers. To reduce damage to the dunes and plants, do not set up tents in dune area.
- Only one camping unit (tent, camper or motor home) is permitted per site. An additional small sleeping tent is allowed for members of the immediate family. Please do not ditch around tents. Maximum overnight occupancy is six persons per site. A screened enclosure around the picnic table is permitted in addition to the main camping unit. Please do not move picnic tables beyond your campsite.
- Vehicles must be registered at the campground contact station and must be parked off roads and close to site markers. Park additional vehicles in designated lots located near the contact station and in Campground B. Do not park in dune areas. A daily parking fee will be charged for each visitor vehicle. Visitors must park in designated parking lots.
- State park campgrounds are intended for the use of the traveling public and not for extended or seasonal camping. The maximum camping stay per park is 14 nights per 30-day period. When your stay is over, please check out at the campground contact station.
- Check-out time is 3 p.m. No camping units, vehicles or personal property may be left or allowed to remain on site after the termination of the permitted camping period.
- Campground quiet hours observed from 10 p.m. to 8 a.m.
- Open air fires are permitted in designated fire grills only. Gathering of downed or dead wood from the park is prohibited. Firewood must be brought in or can be purchased at the Baystore.
- Laundry sinks are to be used only for washing clothes. Coin-operated laundromat is available near the Baystore.
- Lanterns are permitted. Do not drive nails into trees or hang lanterns next to fragile tree bark. Please also be considerate of your neighbors — light and sound carry a long way.
- All trash should be placed in the dumpsters. On-site trash collection is not provided. Do not feed the animals, for your protection and theirs.

### Cabins

- State park cabins are rented on a weekly basis. The weekly reservation period varies. Maximum cabin rental is two consecutive weeks. Those cabins not reserved on a weekly basis may be rented at a nightly rate for a minimum of two nights and may be reserved beginning 3 p.m. on the day prior to the weekly reservation period.
- Up to 2 additional beds are available for a nightly charge, not to exceed 6 people per cabin.
- Two vehicles per cabin are permitted and must be parked in the designated parking spaces. Additional vehicles must be parked in the designated parking lots near the contact station and in campground B.

### Frequent visitors save money

Annual passes for parking and swimming offer the frequent visitor greater savings. Stop by the park office for details.

### Virginia State Parks Reservation Center

To receive more information on Virginia State Parks or to make a cabin or campsite reservation, call 1-800-933-PARK (or in the Richmond calling area 225-3867).

### Join us in the parks – DCR's Volunteer Program

DCR offers diverse opportunities for volunteers in most state parks and natural areas throughout the state. Inquire at the park office for details.

### For more information, contact:

First Landing State Park and Natural Area  
2500 Shore Drive  
Virginia Beach, Virginia 23451  
(757) 412-2300

You can also visit our home page at

[www.dcr.virginia.gov](http://www.dcr.virginia.gov)



203 Governor St., Suite 302  
Richmond, Virginia 23219  
(800) 933-PARK

# VIRGINIA

STATE PARKS

## First Landing State Park and Natural Area Guide

Virginia Beach, Virginia

Virginia State Parks provide **A Natural Legacy** of outdoor activities and programs. They are an important part of DCR's efforts to promote a strong conservation ethic. These efforts ensure that the best of Virginia's natural resources will be protected and available for future generations.

Welcome to First Landing State Park and Natural Area. Bayside camping, vacation cabins and unique natural area have long made First Landing Virginia's most popular state park. To make your visit a safer and more pleasant one, we ask that you observe the following regulations. Additional Information can also be found on the reverse side.

Help preserve the dunes. Please use dune crossovers. Fragile dune plants are destroyed when trampled under-foot

Help preserve your park. Please stay on designated trails. Please don't cut or mar any plants or trees. Collecting animal or plant life is allowed only for scientific purposes by permit from the Richmond headquarters. Collection of firewood, whether downed or dead is prohibited.

Please help us keep the park clean by placing litter in the park's trash dumpsters.

Pets are permitted in all state parks but must be kept in an enclosed area or on a leash no longer than six feet.

**Trail Map Key**

Trail	Miles	Color
Bald Cypress	1.5	Red
Osmanthus	3.1	Blue
Cape Henry	6.0	Dark Green
High Dune	.25	Light Yellow
King Fisher	.6	White
White Hill Lake	1.4	Gold
Fox Run	.3	Yellow
Long Creek	5.0	Orange
Osprey	1.2	Green

**GPS Points**

Boat Launch	36° 53'	31.834N	76° 01'	06.143W
Trail Center	36° 54'	57.443N	76° 02'	26.625W
Park Office	36° 55'	06.435N	76° 03'	12.678W

- Amphitheater**
- Bicycle Trail**
- Boat Ramp**
- Cabins**
- Campground**
- Baystore**
- Dumping Station**
- Dune Crossover**
- Hiking Trail**
- Information**
- Information & Reservation Center**
- Handicap Accessible**
- Laundromat**
- Parking**
- Picnic Area**
- Public Phone**
- Restrooms**
- Recycling**
- Shower**

